

PASS Quickstart Guide for Peer Mentors

As a peer mentor, you have the opportunity to share lessons you've learned from your own experiences, connect your mentees to campus resources, and provide quality guidance. Thank you for taking on this responsibility!

Our research team has been studying how to best support at-promise students through the [Promoting At-promise Student Success](#) (PASS) project for the past decade.

PASS research provides insights into how universities/colleges, programs, and people on campus—including peer mentors—can promote student success by cultivating students' sense of belonging, mattering, well-being, and major and career confidence. We have worked with practitioners and students to produce materials to help guide practice. Below, please find a few resources that might be helpful in your role as a peer mentor.

Key resources for peer mentors:

- [PASS Project Explained](#)—3-minute video overview of the PASS project
- [Considering College Students as 'At-promise'](#)—a one-page brief explaining the value of using the term “at-promise” to describe students from historically and currently marginalized backgrounds. For an academic article advocating for the use of the asset-based term, please see [The Possibilities and Precautions of Using the Designation “At-Promise” in Higher Education Research](#)
- [Overview of Ecological Validation](#)—5-minute video about a key concept related to student support that was developed as a result of analyzing lots and lots of data about at-promise students' experiences at 3 University of Nebraska campuses
- [Creating a Culture of Ecological Validation](#)—6 page brief with key terms
- [Promoting At-promise College Student Success through Peer Mentoring](#)—Research brief that focuses on peer mentoring, outlines recommendations for peer mentoring practice, and provides guidance for training peer mentors.